**M.B.L. Division**

**Rules & Regulations**

* All games will consist of two (2) twenty (20) minute halves, with a five (5) minute halftime period. The clock will only stop for free throws and time outs except for the last two (2) minutes of each half in which the clock will stop for every dead ball.
* Teams will be responsible for subbing and coaching themselves.
* Players will be allowed to commit six (5) personal fouls over the span of the game, at which point they will be disqualified from game play for the remainder of the game.
* Each team will be allowed three (3) timeouts per game. The clock will stop during timeouts.
* Each game will begin with a jump ball.
* If an offensive player is in the paint for more than three (3) seconds without the ball, then the ball will be awarded to the opposing team.
* A thrower-in shall not (1) carry the ball onto the court; (2) fail to release the ball within 5 seconds; (3) touch it on the court before it has touched another player; (4) leave the designated throw-in spot; (5) throw the ball so that it enters the basket before touching anyone on the court; (6) step on the court over the boundary line before the ball is released; (7) cause the ball to go out-of-bounds without being touched by a player in the game; (8) leave the playing surface to gain an advantage on a throw-in; (9) hand the ball to a player on the court.
* Teams are allowed to play man-to-man defense or zone defense.
* A ten (10) second backcourt violation will be enforced if the team in possession of the ball fails to cross half court in that time period. At which time the ball will be awarded to the opposing team.
* Fouls will be called and assessed to the correct player. A player will be ineligible to play the remainder of a game in which he commits five (6) personal fouls.
* After a team has committed seven (7) team fouls in a period, the opposing team will be awarded a one-and-one situation on subsequent fouls for the remainder of the period. After a team has committed ten (10) team fouls in a period, the opposing team will be awarded two (2) free throws on subsequent fouls of the period.
* If at the end of regulation, a tie has occurred, a (3) minute overtime period will be played to determine a winner. If the tie has not been resolved, additional overtime periods will be played until a winner has been determined. Each team will be awarded one (1) timeout in overtime. There is no carryover of timeouts from regulation to overtime, or from one overtime period to the next.
* In the event that a team only has four (4) players present at the scheduled start time for the game, a ten (10) minute period will be allowed until the team has to begin play with the four (4) players that are currently present.
* At the end of the regular season, the top two (2) teams, according to their overall win-loss record, will earn a first-round bye for the playoffs. Ties will be broken first by head-to-head record, then by common opponent, and then points scored per game average (if necessary).
* At the end of the regular season, the third-place team will play the sixth-place team in a one game playoff, with the winner continuing to the next round of the playoffs. At the end of the regular season, the fourth-place team will play the fifth place team in a one game playoff, with the winner continuing to the next round of the playoffs.
* The first-place team will play the lowest seeded team remaining in a one game playoff, with the winner continuing to the Championship Game. The second-place team will play the highest seeded team remaining in a one game playoff, with the winner continuing to the Championship Game.
* **(Playoff seeding subject to change dependent on the number of teams).**
* All games will be played on a regulation sized court.
* A technical foul may be enforced at the referee’s discretion which is final and will not be argued. Continually being awarded technical fouls (5), over the course of the season, or behavior that is perceived as or is potentially dangerous is grounds for immediate dismissal from the league without a refund.

Men’s Basketball League and Waiver Form (please print)

PARTICIPANTS NAME (please print):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ AGE:\_\_\_\_\_\_\_\_\_\_\_\_\_

ADDRESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CITY:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ STATE:\_\_\_\_\_\_ZIP:\_\_\_\_\_

PHONE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ EMAIL:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

EMERGENCY CONTACT NAME :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ EMERGENCY PHONE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Waiver**: In consideration of this registration and/or the right to participate in this activity, I or my child, release the City of New Bedford, its employees, agents, representatives, and other persons or organizations for whose conduct the City may be responsible from any and all liability, loss damage, costs, claims and/or causes of action, including but not limited to all bodily injury claims and property damage resulting from or arising out of the use of premises, facilities, or equipment of the City of New Bedford, and/or caused in any way by the City of New Bedford, its employees, agents, representatives, and other persons or organizations for whose conduct the City may be responsible. I and/or my child are in the necessary physical condition to participate in the registered activity.  I authorize the staff to seek emergency medical care on my behalf or on behalf of child if needed. I will assume all costs associated with any such treatment. I have been informed of the program’s policies, including the refund policy, if applicable. I fully understand this waiver and voluntarily accept its terms.  I certify, under the penalties of law, this information is correct and I understand that the information I have provided on my family income is subject to verification by authorized representatives of the City of New Bedford Office of Housing and Community Development, and the U.S. Dept of Housing and Urban Development. This information will be kept confidential and used for funding monitoring purposes only.

 Full Name (print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_

**Waiver**: In consideration of this application and/or the right to participate in this activity, I or my child, release the City of New Bedford, its employees, agents, representatives, and other persons or organizations for whose conduct the City may be responsible from any and all liability, loss damage, costs, claims and/or causes of action, including but not limited to all bodily injury claims and property damage resulting from or arising out of the use of premises, facilities, or equipment of the City of New Bedford, and/or caused in any way by the City of New Bedford, its employees, agents, representatives, and other persons or organizations for whose conduct the City may be responsible. I and/or my child are in the necessary physical condition to participate in the registered activity.  I authorize the staff to seek emergency medical care on my behalf or on behalf of child if needed. I will assume all costs associated with any such treatment. I have been informed of the program’s policies, including the refund policy, if applicable. I fully understand this waiver and voluntarily accept its terms.  I certify, under the penalties of law, this information is correct and I understand that the information I have provided on my family income is subject to verification by authorized representatives of the City of New Bedford Office of Housing and Community Development, and the U.S. Dept of Housing and Urban Development. This information will be kept confidential and used for funding monitoring purposes only.